

Washington County School District

Sep 1, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

ELEMENTARY LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/02/2025			
ELEMENTARY LUNCH	Total	1	
SOFT FLOUR TACO: ELE	servings	1	23.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.25
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
JELL-O	GEL CUP	1	25.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			165.66
% of Calories			57.8%
Nutrient Guideline			

Wed - 09/03/2025			
ELEMENTARY LUNCH	Total	1	
ROTINI ALFREDO: ELE	3/4 CUP	1	26.31
CHICKEN, DICED L/S TYSON	1.5oz SERVING	1	0.51
BREADSTICK, CHEESY GARLIC	SERVINGS	1	15.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			111.23
% of Calories			54.9%
Nutrient Guideline			

Thu - 09/04/2025			
ELEMENTARY LUNCH	Total	1	
HOT DOG, BEEF CLOVERDALE	SERVINGS	1	23.0
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
COOKIE, OATMEAL	1 EACH	1	19.44
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
RELISH- DILL PICKLE	SERVING	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			154.78
% of Calories			54.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/05/2025			
ELEMENTARY LUNCH	Total	1	
CALZONE, MINI, WG	3 CALZONES	1	40.01
CARROT STICKS 1/2 CUP	1/2 CUP	1	2.0
CREAMIES JR.	CREAMIE	1	14.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			152.15
% of Calories			56.5%
Nutrient Guideline			

Mon - 09/08/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN 1/2 CUP	1.4 oz SERVING	1	19.31
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
COOKIE, CELEBRATION	SERVINGS	1	17.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			131.86
% of Calories			63.3%
Nutrient Guideline			

Tue - 09/09/2025			
ELEMENTARY LUNCH	Total	1	
QUESADILLA, THREE CHEESE	SERVINGS	1	32.51
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
COOKIE, PUMPKIN CHOCOLATE CHIP	COOKIE	1	23.08
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			169.43
% of Calories			55.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/10/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATOES, CUCUMBER, CARROTS:EL	3/4 CUP	1	9.38
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			110.84
% of Calories			58.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 09/11/2025			
ELEMENTARY LUNCH	Total	1	
POPCORN CHICKEN - FR100	10 PIECES	1	19.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
BARBAQUE SAUCE: P/C	1 Each	1	10.13
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			174.64
% of Calories			60.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/12/2025			
ELEMENTARY LUNCH	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	3.93
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	2.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			142.87
% of Calories			57.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/15/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	2.94 OZ	1	16.45
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.05
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			128.04
% of Calories			66.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 09/16/2025			
ELEMENTARY LUNCH	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
PEACH, DICED, CANNED	1/2 CUP	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			184.16
% of Calories			55.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/17/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN STRIPS, ELEM FR093	3 STRIPS	1	16.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
GARLIC TOAST-WG	SLICES	1	14.89
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			130.16
% of Calories			58.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/18/2025			
ELEMENTARY LUNCH	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
LETTUCE & TOMATO:1/2 CUP-TACOS	1/2 CUP	1	1.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
COLESLAW	1/2 C. SERVINGS	1	6.02
COOKIE, CHOCOLATE CHIP	1 EACH	1	13.5
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, LIGHT	POUCH	1	0.0
KETCHUP : P/C	PC	1	10.12
PICKLE:, CHIPS	1 OZ.	1	1.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			173.68
% of Calories			57.4%
Nutrient Guideline			

Fri - 09/19/2025			
ELEMENTARY LUNCH	Total	1	
SLOPPY JOE: JTM ELEMENTARY	2 OZ	1	27.53
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
SUN CHIPS	BAG	1	19.0
PINEAPPLE, TIDBITS, CAN	1/2 C SERVING	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			139.64
% of Calories			62.1%
Nutrient Guideline			

Mon - 09/22/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN 1/2 CUP	1/2 CUP SERVING	1	19.31
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
SOY SAUCE: PC	PC	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			130.07
% of Calories			66.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/23/2025			
ELEMENTARY LUNCH	Total	1	
NACHOS, MACHO	SERVINGS	1	19.96
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
CINNAMON ROLL W. W.W. BRIDGFOR	ROLL	1	34.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
PEACH, DICED, CANNED	1/2 CUP	1	14.0
SALAD BAR: 2 TUESDAY (ELE)	.5 CUP	1	5.32
SALSA PICANTE	1 OZ	1	1.4
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			179.80
% of Calories			52.2%
Nutrient Guideline			

Wed - 09/24/2025			
ELEMENTARY LUNCH	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
MASHED POTATOES, Dry mix, 1/2	1/2 CUP	1	17.03
GRAVY, BROWN LOW SODIUM	1/4 CUP	1	0.37
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			118.44
% of Calories			55.9%
Nutrient Guideline			

Thu - 09/25/2025			
ELEMENTARY LUNCH	Total	1	
HAMBURGER, TYSON	HAMBURGERS	1	22.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
SWEET CAKE	SERVING	1	44.38
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
SALAD BAR: 3 THURSDAY'S:ELE	.5 CUP	1	3.76
PICKLE:, CHIPS	1 OZ.	1	1.0
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MAYONNAISE, LIGHT	POUCH	1	0.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			189.04
% of Calories			57.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/26/2025			
ELEMENTARY LUNCH	Total	1	
CORN DOG, MINI PROVIEU (4)	4 NUGGETS	1	19.9
CARROT STICKS 3/4 CUP	3/4 CUP	1	11.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
PEARS, DICED, CANNED	1/2 CUP	1	16.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			139.47
% of Calories			63.9%
Nutrient Guideline			

Mon - 09/29/2025			
ELEMENTARY LUNCH	Total	1	
ORANGE CHICKEN	2.94 OZ	1	16.45
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
GREEN BEANS 3/4 CUP	3/4 CUP	1	4.5
MANDARIN ORANGE, FESTIVAL, CAN	1/2 C SERVING	1	19.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
BROWNIE MIX, SHIRLEY J	SERVINGS	1	23.0
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			145.19
% of Calories			71.2%
Nutrient Guideline			

Tue - 09/30/2025			
ELEMENTARY LUNCH	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
FRUIT BAR :FALL ELEM.	1/2 CUP	1	15.12
JUICE, PARADISE PUNCH	CARTON	1	13.9
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK : CHOCOLATE MILK F/F	CARTON	1	19.0
MILK 1% WHITE	CARTON	1	13.0
MILK, STRAWBERRY FF	CARTON	1	19.0
Weighted Daily Average			166.14
% of Calories			56.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Weighted Average			149.39 58.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	149.39	58.49%						

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