

Washington County School District

Dec 1, 2025 thru Dec 19, 2025

Base Menu Spreadsheet

Combined: INTERMEDIATE LUNCH 6-8/ALT INT WEEKLY 1st CHOICE

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/02/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
DUTCH WAFFLE	1 EACH	1	43.0
SCRAMBLED EGGS: SUNNY FRESH	1oz SERVING	1	1.0
SAUSAGE LINK - CLOVERDALE	1 LINK	1	1.0
HASHBROWN PATTY:1/2 CUP	2 EACH	1	27.0
JUICE, PARADISE PUNCH	CARTON	1	13.9
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SYRUP	1 EA	1	4.0
KETCHUP : P/C	PC	1	10.12
MILK	CARTON	1	17.0
Weighted Daily Average			132.38
% of Calories			55.1%
Nutrient Guideline			

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Wed - 12/03/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN NOODLE SOUP: USDA 1C.	1 CUP	1	18.34
BREADSTICK, CHEESE - BOSCO'S	SERVINGS	1	17.0
TOMATO, CUCUMBER, CARROTS:INTE	3/4 CUP	1	9.38
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			92.28
% of Calories			53.7%
Nutrient Guideline			

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Thu - 12/04/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN CHUNKS, TYSON	5 NUGGETS	1	15.0
FRENCH FRIES- S.S. 3/4 CUP	3.7 oz	1	28.51
SCOOBY-DOO GRAHAM CRACKER STIC	BAG	1	21.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	10.37
KETCHUP : P/C	PC	1	10.12
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			118.89
% of Calories			53.3%
Nutrient Guideline			

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Fri - 12/05/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
PEPPERONI PIZZA RIPPERS	SERVING	1	27.0
DINNER SALAD ELEM.	1 CUP	1	8.34
COOKIE, CHOCOLATE CHUNK	COOKIE	1	15.8
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MARINARA SAUCE	1/2 CUP	1	12.02
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			102.44
% of Calories			45.9%
Nutrient Guideline			

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Mon - 12/08/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
ORANGE CHICKEN: (SEC.)	3.6 OZ	1	20.14
RICE: COOKED BROWN RICE (ELE)	1/2 CUP	1	16.12
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
COOKIE, FORTUNE COOKIE	COOKIE	1	7.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			82.66
% of Calories			58.2%
Nutrient Guideline			

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Tue - 12/09/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
BEEF TACO STICK	1 EACH	1	28.97
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
CORN 1/2 CUP	1/2 CUP	1	15.0
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
CHEESESTEAK SANDWICH	SANDWICHES	1	34.92
TATER TOTS - MCCAIN	8 PIECES	1	14.0
CARROT & CELERY STICKS:ELE	3/4 CUP	1	8.03
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	10.37
CONDIMENT: STEAKWICH	SERVING	1	5.37
MILK	CARTON	1	17.0
Weighted Daily Average			123.07
% of Calories			54.0%
Nutrient Guideline			

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Wed - 12/10/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI BEEF NUGGETS	4 Nugget	1	6.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, BROWN : (CUSTOM)	1/4 CUP	1	2.82
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
ROLLS - NO EGGS	SERVINGS	1	25.63
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0

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	Portion Size	Reimb Qty	Carb (g)
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			97.64
% of Calories			54.8%
Nutrient Guideline			

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Thu - 12/11/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN SANDWICH	SANDWICH	1	31.11
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
TATER TOTS - MCCAIN	8 PIECES	1	14.0
COLESLAW	1/2 C. SERVINGS	1	6.02
PEAR CRISP	4 oz SERVING	1	27.06
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	10.37
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			121.78
% of Calories			53.7%
Nutrient Guideline			

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Fri - 12/12/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
SLOPPY JOE: JTM ELEMENTARY	2 OZ	1	27.53
FRESH MIXED VEGETABLE CUP	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MILK	CARTON	1	17.0

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ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			97.28
% of Calories			47.6%
Nutrient Guideline			

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Mon - 12/15/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
TERIYAKI CHICKEN - ELEM.	2 oz	1	7.14
CHOW MEIN - ELEM	2.36oz SERVING	1	17.23
CARROTS & EDAMAME 3/4 CUP	3/4 CUP	1	6.65
BISCUIT	BISCUIT	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SOY SAUCE: PC	PC	1	1.0
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
DOMINOS PIZZA	SLICE	1	30.0
DINNER SALAD - ALT LINE	SERVINGS	1	6.07
COOKIE, CELEBRATION	SERVINGS	1	17.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
RANCH: (WILD COYOTE LITE)	PC CUP	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			81.90
% of Calories			56.1%
Nutrient Guideline			

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Tue - 12/16/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HAM - COBBLE STREET	2oz SERVING	1	1.33
SCALLOPED POTATOES:ELE	1/2 CUP	1	17.29
ROLLS - NO EGGS	SERVINGS	1	25.63
GREEN BEANS: 1/2 C.	1/2 CUP	1	3.0
CAKE, JELLO	SLICE	1	21.29
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
MARGARINE REDDIES: (1)	1 Patty	1	0.0
MILK	CARTON	1	17.0
Weighted Daily Average			100.90
% of Calories			59.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 12/17/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CHICKEN TENDERS - FR091	2 TENDERS	1	12.0
BUTTER MASHED POTATOES-sec	2/3 cup	1	18.0
GRAVY, CHICKEN: LOW SODIUM	1/4 CUP	1	3.0
BROCCOLI, ROASTED, 3/4 C	3/4 CUP	1	3.29
GARLIC TOAST - WG - BC	SERVINGS	1	14.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
SPICY CHICKEN SANDWICH	SERVINGS	1	44.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
CONDIMENT - CHICKEN SAND.	SERVING	1	5.8
MILK	CARTON	1	17.0
Weighted Daily Average			100.13
% of Calories			52.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 12/18/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
HAMBURGER, TYSON	HAMBURGERS	1	22.0
CHEESE: PROCESS SLICE	SLICE	1	1.0
SHREDDED LETTUCE & TOMATO-DELI	1/2 CUP	1	6.57
FRENCH FRIES- S.S. 1/2 CUP	2.5 OZ	1	18.76
COOKIE, COWBOY	1 oz.	1	29.36
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 3 THURS. - INTERM	1/2 CUP	1	10.37
CONDIMENT - BURGER	SERVING	1	3.02
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
NACHOS	SERVINGS	1	38.19
REFRIED BEANS, V V	1/2 C SERVINGS	1	24.0
LETTUCE & TOMATO:3/4 CUP-TACOS	3/4 CUP	1	4.32
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
SALAD BAR: 2 TUESDAY- INTERM.	1 CUP	1	9.66
SALSA PICANTE	1 OZ	1	1.77
MILK	CARTON	1	17.0
Weighted Daily Average			116.85
% of Calories			50.5%
Nutrient Guideline			

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Fri - 12/19/2025			
INTERMEDIATE LUNCH 6-8	Total	1	
CORN DOG, MINI PROVIEW (5)	5 NUGGETS	1	24.88
CARROT STICKS 3/4 CUP	3/4 CUP	1	9.0
COOKIE, SNICKERDOODLE, WG	SERVINGS	1	16.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
KETCHUP : P/C	PC	1	10.12
MUSTARD:, P/C	1 Each	1	0.33
MILK	CARTON	1	17.0
ALT INT WEEKLY 1st CHOI	Total	1	
WRAP, CHICKEN - FR091	WRAP	1	39.57
CHEDDAR/ JACK FANCY SHRED.25OZ	.25 OZ	1	0.0
MIXED FRESH VEGETABLES	3/4 CUP	1	6.31
SUN CHIPS	BAG	1	19.0
FRUIT BAR :WINTER:ELE	1/2 CUP	1	15.35
BARBAQUE SAUCE: P/C	1 Each	1	10.13
MAYONNAISE, CHIPOTLE	1oz SERVING	1	2.03
MILK	CARTON	1	17.0
Weighted Daily Average			101.03
% of Calories			48.7%
Nutrient Guideline			

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Weighted Average			104.94
			52.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	104.94	52.82%						

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