

Diabetes remote monitoring with LifeScan OneTouch Reveal[®]

Solution overview

Diabetes presents an enormous problem for our healthcare system

Members living with diabetes often have difficulty controlling blood sugar levels, leading to health complications and higher downstream medical costs.



34M

adults in the U.S. have diabetes¹



\$237B

in direct medical costs related to diabetes in the U.S.¹



1.5M

Americans diagnosed each year¹



\$108.80

PMPY spend²



37%

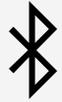
Nonadherence²

1. National Diabetes Statistics Report 2020. [CDC](#).

2. Express Scripts Report: Adherence to Diabetes Rx. [Express Scripts Holding Company](#).

Diabetes remote monitoring with LifeScan

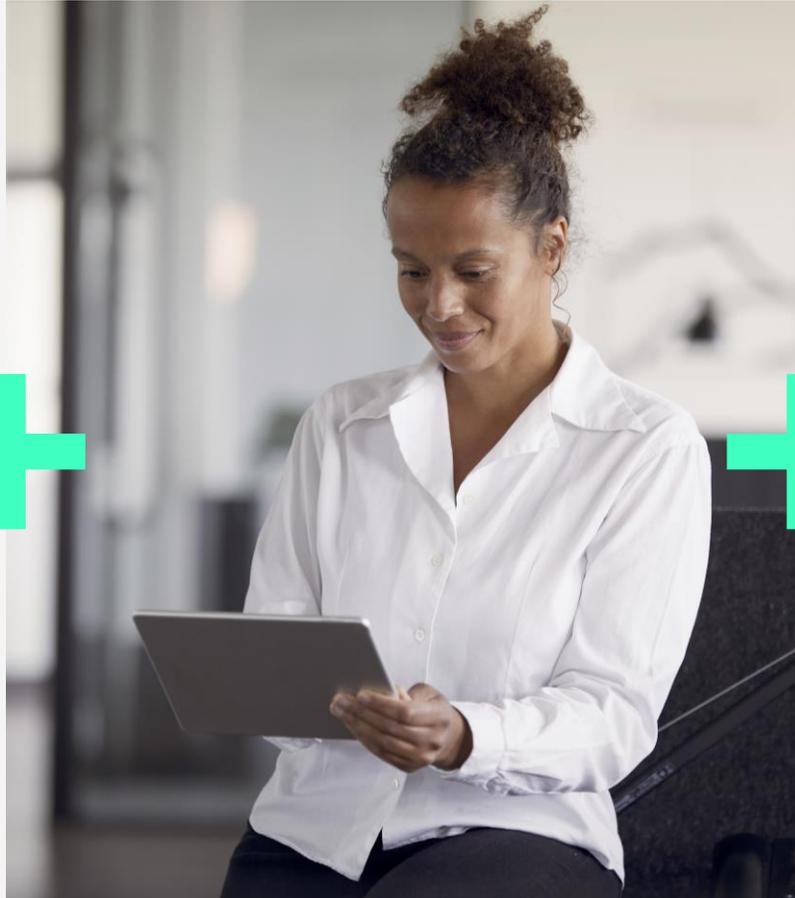
Meaningful data empowers members and enables clinicians to make proactive, tailored interventions



Bluetooth-enabled blood glucose meter for easy testing



Personalized analytics inform patient health tracking and coaching



Diabetes pharmacists in the Therapeutic Resource CenterSM identify dangerous trends and reach out to patients via phone and email

Why is remote patient monitoring important?

Patients with diabetes often have difficulty controlling blood sugar. Remote monitoring and coaching from diabetes pharmacists can improve blood sugar control, reducing high and low events.

PARTICIPATING MEMBERS EXPERIENCED:



6/10 lowered their A1c levels by at least 0.5



\$83 PPM total healthcare savings



36% drop in **hypoglycemic** episodes

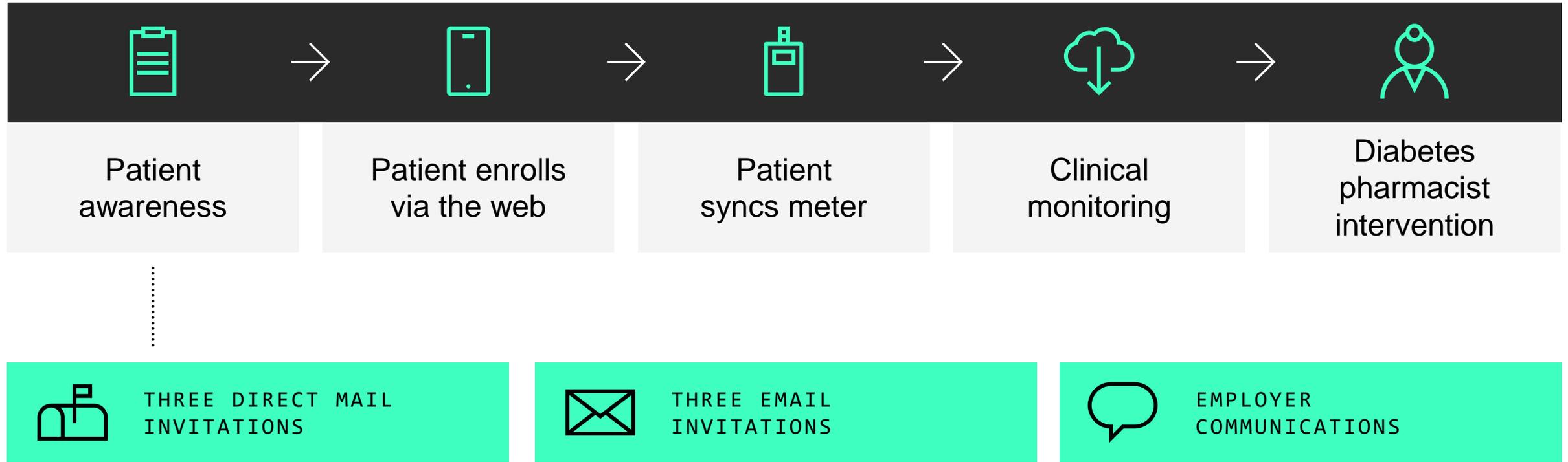


42% drop in **hyperglycemic** episodes



Results are based on the pilot program and may vary based on client.

Member experience and awareness



3 mailers and 3 emails over ~5 weeks

Clinical targeting criteria

Member meets **1 of 3** clinical criteria:

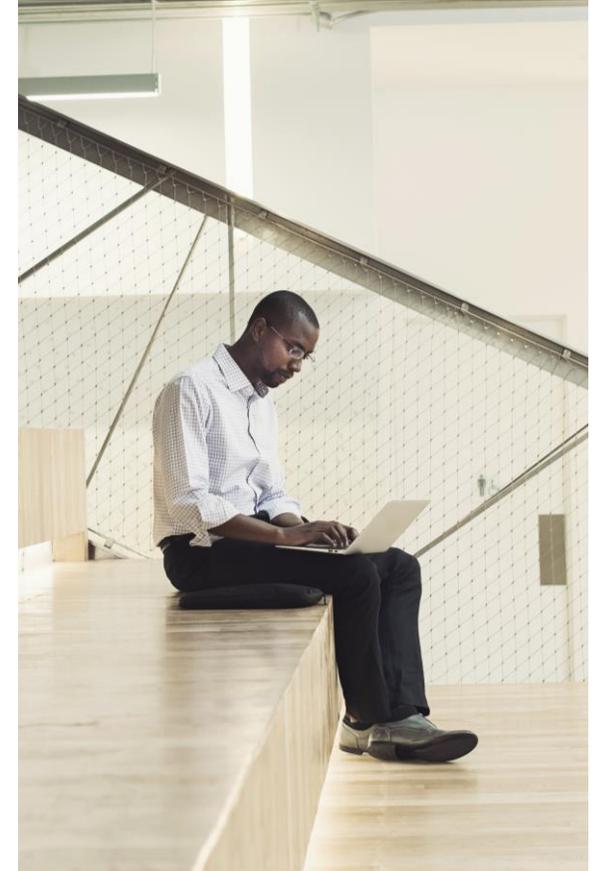
Metformin

**Any test
strip claim**

**Any other diabetes
medication**

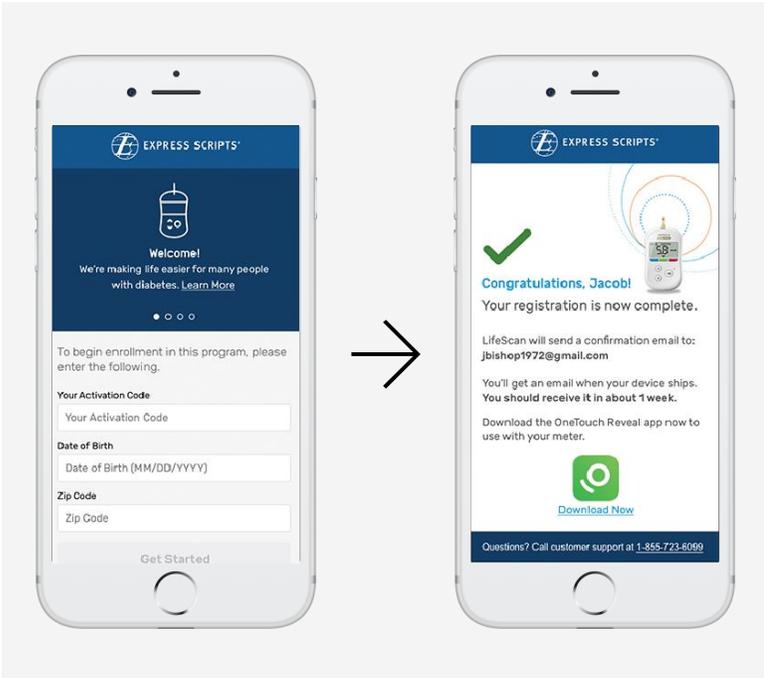


Member becomes eligible for solution

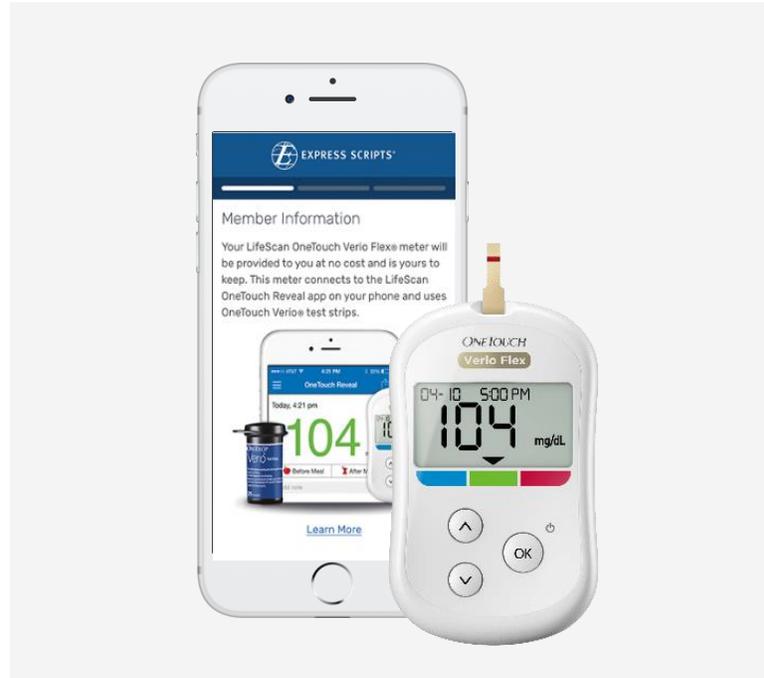


*Members over age 18
Review claims within past 6 months*

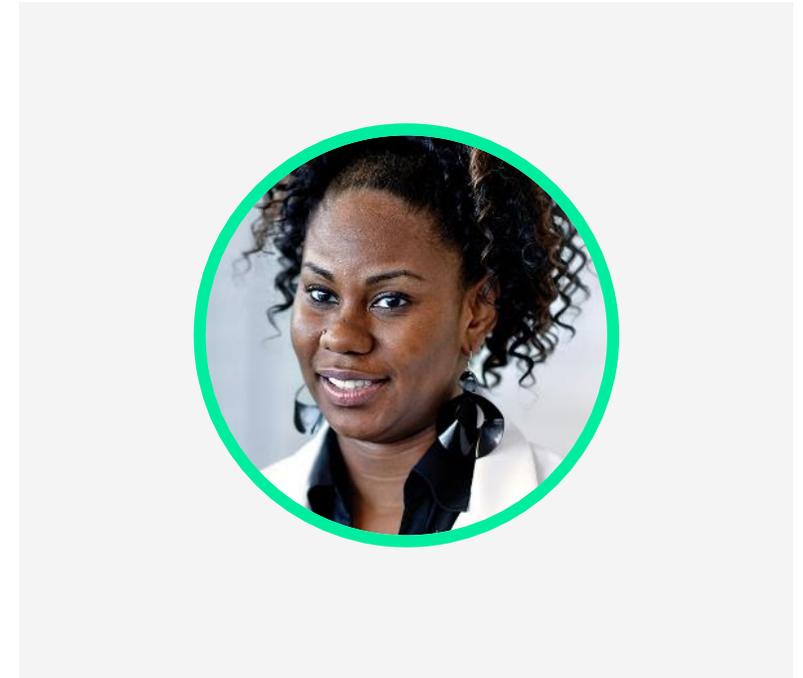
Getting started



01
Members enroll on the web
Complete in less than 3 minutes



02
Meter setup
a) Open Welcome Kit
b) Pair meter with phone
c) Begin testing!



03
Verio Strip Rx setup
a) Claims history check
b) Specially trained Therapeutic Resource Center pharmacist coordinates new Rx

Clinical monitoring and outreach

Diabetes pharmacists monitor member readings for patterns and trends to provide personalized consults, getting members back in control

+ BLOOD SUGAR PATTERN
OF HIGHS/LOWS

+ TESTING BLOOD SUGAR
+ MEDICATION ADHERENCE

+ LIFESTYLE COACHING
+ MEMBER QUESTIONS

Low pattern



2 or more readings
below 60

High pattern



4 or more readings
above 350

High morning pattern*



4 or more initial morning
readings above 200

Mixed pattern



4 or more readings above
350 and/or below 60

Trigger looks back
over **past 2 weeks**

Trigger looks back
over **past 4 weeks**

**Members will receive no more than 1 outreach within a 4-week period.*

Tracking readings with One Touch Reveal®



Automatically tracks your readings all in one place



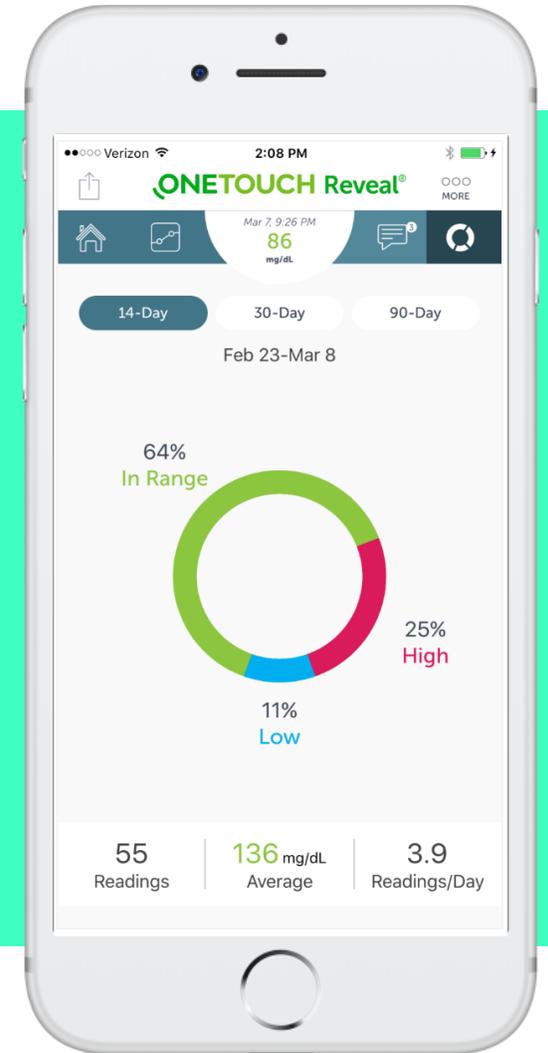
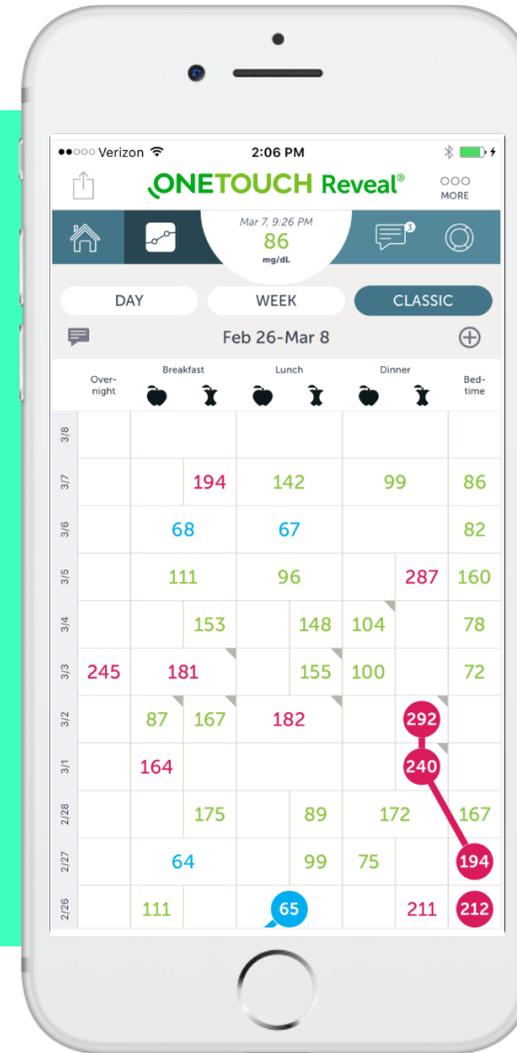
Visibility of a 14-, 30- or 90-day lookback at trend data



Easily share your results with a doctor or caregiver, in addition to your Express Scripts care team*



Access via mobile app or web portal



*Text or email individual readings or email a full report