

# Sick Day Guidelines

WCSD follows The American Academy of Pediatrics recommendations for exclusion from school.

**Keep your child home if he/she has any of the following symptoms:**

<u>Symptom</u>	<u>Explanation</u>
Cough	Serious, sustained coughing, shortness of breath, or difficulty breathing.
Diarrhea	Two or more unexplained episodes of watery or loose stools in 24 hours <b>OR</b> sudden onset of loose stools. May return <b>24 hours</b> after last episode.
Fever	Temperature above 101°F [38.3°C] by any method. Return when fever-free for <b>24 hours</b> (WITHOUT the use of fever-reducing medication).
Head Lice	per WCSD Administrative Letter (Exclusion is not necessary before the end of the school day)
Rash	Any new rash accompanied by a fever or behavioral changes. May return after rash goes away or clearance given by a health care provider.
Skin or Mouth Sores	Drainage from a sore that cannot be contained within a bandage. Mouth sores with drooling that the child cannot control unless the child's primary health care provider or local health department authority states that the child is noninfectious.
Vomiting	Any unexplained episode in the past 24 hours. May return <b>24 hours</b> after last episode.
Other	Symptoms that prevent the student from active participation in usual school activities <b>OR</b> student is requiring more care than school staff can safely provide.

**Make Sure You Are Reachable at All Times:** Parents please be certain that the school has a way to reach you at all times—make your phone numbers at home and work available, as well as your cell phone number.

Please help others from becoming sick by keeping your child home during the worst of his or her illness. For more information, or if you have questions, please contact your School Nurse.

\*\*These guidelines may change at any time as instructed by the CDC and/or local health department.