## Diabetes Insulin Injection Addendum

| Diabetes insum injection radicidum  |                |           |               | School Voor             | Dicture     |
|---|----------------|-----------|---------------|-------------------------|-------------|
| DIABETES – Insulin Injection Addendum to IHP  |                |           | School Year:  | Picture                 |             |
| Utah Department of Health & Human Services/   |                |           |               |                         |             |
| Utah State Board of Education   |                |           |               |                         |             |
| Otan State Board  | or Education   | 11        |               |                         |             |
| Student:  | DOB: Grad      |           | Grade:        | School:                 |             |
| Parent:   | Phone:         |           | Email:        |                         |             |
| School Nurse:   | School Phone:  |           | Fax or Email: |                         |             |
| <u> </u>  |                |           |               |                         |             |
| STUDENT DIABETES MANAGEMENT SKILLS  |                | Needs     | Assistance    | Needs Supervision       | Independent |
| Identifying feelings of hypoglycemia  |                |           |               |                         |             |
| Checking blood glucose  |                |           | _ <del></del> |                         |             |
| Measuring out insulin   |                |           |               |                         |             |
| Administering insulin injection   |                |           |               |                         |             |
| Independently counts carbohydrates  |                |           |               |                         |             |
| INSULIN DEVICE  |                |           |               |                         |             |
| ☐ Syringe and vial ☐ Pen  |                |           |               |                         |             |
| Type of insulin:  |                |           |               |                         |             |
| Injection Site (Injections should be given subcutaneously and rotated).   |                |           |               |                         |             |
| ☐ Abdomen ☐ Arm ☐ Buttock ☐ Thigh   |                |           |               |                         |             |
| Mealtime Correction:   Before meals only  |                |           |               |                         |             |
| Insulin to carb ratio:unit for every grams of carbohydrates before meals.   |                |           |               |                         |             |
| Correction dose:unit for every mg/dl for blood glucose above mg/dl.   |                |           |               |                         |             |
|   |                |           |               |                         |             |
| Insulin pen/vial expires 28 days after it is opened, pierced or stored outside of refrigerator.   |                |           |               |                         |             |
| SPECIAL CONSIDERATIONS (PE, School Parties or Snacks, Field Trips, Academic testing)  |                |           |               |                         |             |
| PE: Check BG before PE gram carb (free) snack before PE Other (specify):  |                |           |               |                         |             |
| ☐ Do not exercise if BG is belowmg/dl or symptomatic of hyperglycemia  School parties or snacks: ☐ Student to save snack for lunchtime ☐ No coverage for snacks/parties |                |           |               |                         |             |
| $\square$ Student to take snack home $\square$ Parent will provide alternate snack  |                |           |               |                         |             |
| ☐ Other (specify):  |                |           |               |                         |             |
| Field Trips: Parent and school nurse must be notified of field trips in advance so proper planning and training   |                |           |               |                         |             |
| can be accomplished.  |                |           |               |                         |             |
| Please specify instructions:  |                |           |               |                         |             |
| Academic Testing:   |                |           |               |                         |             |
| ☐ Student may reschedule academic testing with teacher, as needed, if blood glucose is below or over  |                |           |               |                         |             |
| ☐ Other (specify):  |                |           |               |                         |             |
| ☐ Other considerations (specify):   |                |           |               |                         |             |
| WHEN HYPERGLYCEMIA OCCURS OTHER THAN AT MEALTIME  |                |           |               |                         |             |
| Correction doses can only be administered with meals at school.   |                |           |               |                         |             |
| Other instructions for hyperglycemia:   |                |           |               |                         |             |
| □ Notify parent/guardian  |                |           |               |                         |             |
| ☐ Allow unrestricted access to the bathroom   |                |           |               |                         |             |
| ☐ Give extra water and/or non-sugar-containing drinks (not fruit juices)  |                |           |               |                         |             |
| PARENT ACKNOWLEDGEMENT  |                |           |               |                         |             |
| ☐ I understand if I adjust insulin doses  | delivered du   | ring scho | ool hours tha | at I am responsible for | contacting  |
| provider and requesting an updated p  | rescriber orde | er be sen | t to the sch  | ool.                    |             |
| Parent Signature:   |                |           |               | Date:                   |             |

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